

**San Mateo County Behavioral Health and Recovery Services
Office of Diversity and Equity**

Culturally informed

Parent Project®

North County Mental Health Clinic
375 89th Street, Daly City, CA 94015

Starts: September 18, 2013



Get Answers for Questions about Parenting:

- *Don't argue with your children*
- *Improve academics and school attendance*
- *Prevention and intervention in the use of alcohol and drugs*
- *Identify resources to help you*

Classes will be taught in English.

**Let the Parent Project®
Work for you!**

Dinner and childcare provided. Sign up now~ class size is limited.

Classes are FREE!

A 12 week parent education and support group for parents, grandparents and adult caregivers.

Dates:

Time: 5:30- 9:00pm

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|---------|--------|---------|---------|---------|--------------------|
| ▪ 09/18 | ▪ 9/25 | ▪ 10/2 | ▪ 10/9 | ▪ 10/16 | ▪ 10/23 |
| ▪ 10/30 | ▪ 11/6 | ▪ 11/13 | ▪ 11/20 | ▪ 12/4 | ▪ 12/11 GRADUATION |

**To sign up or for more information contact :
Nani Wilson 650-243-4850 x866 nwilson@aars.org
Yolanda Ramirez at ymrave@hotmail.com**

