



STIGMA FREE
SAN MATEO COUNTY
COMMUNITY EVENT

The stigma of mental illness and substance use often discourage or prevent people from seeking treatment. Come to this **FREE** community event to learn more about stigma, the new Stigma Free San Mateo County campaign and how you can help.

Light refreshments will be provided!

To RSVP, or for more information, e-mail ode@smcgov.org

Date: September 9, 2013
Time: 6:00pm-7:30pm
Where: Foster City Community Center, Wind Room
1000 E. Hillsdale Blvd, Foster City



This event is supported by San Mateo Behavioral Health and Recovery Services, Office of Diversity and Equity and is funded by the Mental Health Services Act (Prop 63).